

What is it?



"**Cyberbullying**" is when a child, is **tormented, threatened, harassed, humiliated, embarrassed** or otherwise **targeted** by another child using the Internet, computers, iPad, SMART phones or cell phones, or other digital devices.



Where can my parents and I get more information?

The information on this brochure was derived from:

www.stopcyberbullying.org

Check out their quiz to find out if you have ever been a cyberbully:

<http://www.stopcyberbullying.org/tweens/index.html>

Draw your line with MTV and share how you helped stop digital abuse

http://www.facebook.com/athinline?v=app_4949752878

Help Stop Cyberbullying!

What is it?

Who are they?

What can I do about it?



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Who are they?



There are four types of cyberbullies:

1. **"Vengeful Angel"** aka the kid who is trying to help his/her friend get justice
2. **"Power Hungry"** aka act tough online but are not tough in person, & often a victim themselves in real life
3. **"Mean Girls"** aka group of girls who do it for fun
4. **"Unintended Bully"** aka wasn't thinking about the consequences before hitting "send"

What can I do about it?

If you are cyberbullied- Stop, Block, and Tell!

1. **STOP!**

Don't do anything. Take 5! to calm down.

2. **Block!**

Block the cyberbully or limit all communications to those on your buddy list.

3. **and Tell!**

Tell a trusted adult, you don't have to face this alone.

[Report cyberbullying to
wiredsafety.org](http://wiredsafety.org)

What if I see it?

"Martin Luther King, Jr. once said that in the end we will remember not the words of our enemies, but the silence of our friends."

What can you do to help?

- let others know that you won't allow it, supporting the victim,
- making it clear that you won't be used to torment others,
- and that you care about the feelings of others.

